



Kitsap Counseling and Hypnotherapy Center

CLIENT INFORMATION

Welcome to Kitsap Counseling and Hypnotherapy Center. I look forward to providing you with excellent and efficient counseling services. Please take a moment to fill out this form. The information will help me to better understand your current situation and life challenges. This information is confidential and will not be released to anyone without your written permission unless I am compelled to in accordance with Washington State law.

Today's Date: _____

Type of Services Being Sought [*Check all that applies*]:

____ Individual Adult, ____ Individual Minor, ____ Marital/Couple, ____ Family/Family-of-Origin

Referral Source: ____ School, ____ Other Client, ____ Ad, ____ Friend/Relative, ____ Legal System, ____ Self, ____ Other (please list): _____.

Primary Client Name: _____ **DOB:** _____ **Ethnicity:** _____

Age: _____ **Gender:** _____ **Marital Status:** _____

Address: _____ **City:** _____ **State:** _____ **Zip Code:** _____

Employer/School: _____

Person filling out form: _____ **Relationship to client:** _____

Emergency contact: _____ **Emer. Contact Phone:** _____

If the client is a child, is he/she the subject of custody proceedings? ____ Yes ____ No

Financial Guarantor (for fees/other charges in arrears):

Name: _____ **SSN or DL#:** _____

Names of individuals living in your primary household (Check any who are attending counseling)

| A | Last, First Name | Relation | DOB | Employment/School & Grade | Ethnicity |
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Additional Household Members / Second Household /Children Outside the Home

| Last, First Name | Relation | DOB | Employment/School & Grade | Ethnicity |
|------------------|----------|-----|---------------------------|-----------|
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CLIENT CONFIDENTIAL COMMUNICATIONS

The Health Insurance Portability and Accountability Act (HIPAA) gives you the right to request that KHC staff communicate financial and/or medical information to you in confidence by a particular methods or to certain locations. **Please list ONLY the methods by which you want to be contacted:**

Voice Communication

___ Home Phone: _____ Can a message be left? ___ Yes ___ No

___ Work Phone: _____ Can a message be left? ___ Yes ___ No

___ Cell Phone: _____ Can a message be left? ___ Yes ___ No

If Voice Messages can be left, Check One :

___ Messages can contain medical information **OR** ___ Leave message with name/call-back # only.

___ Messages can be left with a specific person(s) [*list names*] _____

___ Messages left with a specific person can discuss: _____

Written Communication

___ Do NOT sent written medical information to me

___ Mail information to my home address on file

___ Mail to my work/office address on file

___ Mail information to other address:

List _____

___ Fax to the following number: _____

___ I do not want to communicate by E-mail

___ You can communicate via E-mail with me at: _____

Follow-Up Communication

___ It is okay for me to be contacted after completion of services for purpose of follow-up.

___ It is NOT okay for me to be contacted after completion of services for purpose of follow-up

Sources of Stress: What are the primary concerns that bring you here for counseling?

- 1. _____
- 2. _____
- 3. _____

When did the problem(s) start?

What is the most important thing your counselor should know about these concerns?

What do you hope to accomplish through the use of my services?

How did you hear about my services?

Hypnotherapy Clients Only: Have you ever been hypnotized before? ___ Yes ___ No

If yes, by whom: _____ Where: _____ When: _____

Reason: _____

Outcome: _____

-----*for office use only*-----

Medical/Mental health releases on file:

_____ *address:* _____ *phone:* _____

_____ *address:* _____ *phone:* _____

Other:

_____ *address:* _____ *phone:* _____

Parental Release/Parenting Plan on File/Notes:

AGREEMENT OF PARENTS/GUARDIANS IN CASES OF CUSTODY PROCEEDINGS

Therapy can be a very important resource for children experiencing separation and divorce. The counselor can provide a neutral setting where children can explore their thoughts and feelings about these issues. In this case, a child cannot be seen unless both parents agree to the child receiving therapy. An exception to this is if one parent has legal documentation (e.g., a legally signed parenting plan) stating they have sole decision making for mental health and medical treatment for the child. The parent would be required to provide a copy of this document to the therapist. However, the usefulness of therapy is extremely limited when therapy itself becomes simply another area of conflict between parents. Any matter that is brought to the therapist’s attention by either parent regarding the child may be revealed to the other parent unless otherwise stated in the parenting plan. It is best if all parents/guardians stay in frequent communication with the therapist regarding the child’s emotional well-being.

As a therapist I do not choose sides and do not render forensic opinions. The parent must understand completely that I as the therapist am providing treatment NOT acting as an evaluator. The parent must also understand that I as a therapist am not conducting a custody, visitation, or parenting evaluation. I want you to understand the reasons why I do not provide your records for custody disputes. I may not possess the professional competency to make a decision about issues besides those I deal with in therapy. Therapy often involves full disclosure of information that you might not want revealed in a court of law. In testifying or making a deposition often changes the therapeutic relationship, and I hold the therapeutic relationship as the most important priority. In those cases where you are seeking custody evaluations and recommendations, I will be happy to refer you to those who specialize in that field.

INFORMED CONSENT OF PARENT/GUARDIANS REGARDING CUSTODY PROCEEDINGS

I, the parent/guardian(s) am aware that requesting the release of treatment notes, plans, or evaluations for forensic purposes or therapist testimony about the content of my child’s treatment will interfere with the therapeutic process. Therefore, I knowingly and freely waive my right to request the release of information (beyond attendance, dates, and length of our sessions) to my attorney. I understand that release of clinically significant information to any officer of the court shall only be in response to a court order or subpoena. I understand if records are requested by both parent and the parenting plan states both parents have medical decision making, then the policy is to send records to BOTH parents even if the other parent has not requested records.

I have read and understand the issues and points made above. I have discussed those points I do not understand and my questions have been answered satisfactorily. I agree to act in accordance to the aforementioned policies of James McCormack, MA-LMFTA, & Kitsap Hypnosis Center, LLC. I further state that I am the legal custodian of this child and have no court orders in effect that would prohibit me from consenting to the treatment of this child. I also understand that my therapist/counselor can rely on my representation that I am authorized to consent to health care for the minor patient as true without incurring any civil or criminal liability for such reliance, pursuant to RCW 70.02.130. My signature below indicates I agree to all these points and will follow fully to the best of my ability.

IF YOU DO NOT SIGN OR ALL LEGAL PARENTS/GUARDIANS DO NOT AGREE TO THIS AGREEMENT, THEN WE CANNOT PROVIDE THERAPY TO YOUR MINOR/CHILD.

Responsible Party/Client Signature

Date

Additional Legal Parent/Guardian Signature

Date

James McCormack, MA-LMFTA, Rht

Date

____ Copy accepted by client

____ Copy accepted by additional person